



### Junior Netball

Our Junior Netball Program is all about fun, building confidence and getting more time on court. Perfect for kids who want to develop their skills, find their netball groove, or just play without the pressure of being on a team.

- Skill building, drills and game play
- No team? No worries!

**Day:** Mondays

**Ages:** 6-9year olds 3:45pm - 4:45pm

10-13year olds 5:00pm - 6:00pm

**Cost:** \$15.50 (casual bookings) Limited spots



### Junior Futsal Casual

Just want to have a kick? Join our mixed junior futsal casual sessions — no team needed and no long term commitment. Come along, have fun, make new friends, and play at your own pace.

**Ages:** 14 and under

**When:** Wednesdays 5:00pm-6:00pm

**Cost:** \$12.00 (casual bookings)



**BONUS: Enjoy one free gym or swim pass while your child is in their class**  
\*unavailable when parent participation is required

- Experienced and friendly staff
- Affordable prices
- Creche available

Priority bookings for existing customers

# MARC TERM 3 CHILDREN'S PROGRAMS

Commences from Monday 20 July 2026

## Mandurah Aquatic and Recreation Centre

Phone: 9550 3600

303 Pinjarra Road, Mandurah

recreationcentres@mandurah.wa.gov.au

[mandurah.wa.gov.au](http://mandurah.wa.gov.au)



Scan the QR code to visit our website





### Action Tots (45 minute class)

Parent participation required

Join our fun-filled adventure program for toddlers (0-5 years)

Through play, movement, and exciting activities, Action Tots helps little ones:

- Build confidence and new skills
- Develop socially, physically, and emotionally
- Nurture the parent - child relationship

Led by friendly instructors in a safe and supportive space — it's more than playtime, it's learning made fun!

**Time:** 9.30am

**Day:** Tuesday or Friday

**Ages:** 0-5 years



### Junior Powerfit and Student Powerfit (45 minute class)

Our Powerfit classes, designed for kids aged 8-16, offer an exhilarating 45-minute circuit-style workout using various equipment and bodyweight exercises. This program promotes empowerment, group camaraderie, safety with qualified instruction, and adaptability to all fitness levels.

Junior Powerfit:

Student Powerfit:

**Ages:** 8-12 years

**Ages:** 11-16 years

**When:** Wed 3.30pm

**When:** Wed 4.15pm

### Tots Gymnastics (45 minute class)

A playful introduction to gymnastics for little ones!

This class helps toddlers:

- Explore movement in a fun way
- Build balance, strength, and coordination
- Develop early skills through creative play

A great way to grow confidence while staying active!

**Ages:** 2.5-5 years

**Time:** Wed 9.15am



### Home School Gymnastics (45 minute class)

A fun and active program designed just for homeschooling families.

Children will:

- Build fitness, strength, and coordination
- Develop gymnastics skills through movement and play
- Enjoy social connection in a supportive environment

**Ages:** 4-12 years

**Time:** Wed 10.10am

### Recreational Gymnastics (45 minute class)

A fun and supportive way for kids to stay active while learning the basics of gymnastics!

Children will:

- Build strength, flexibility, and confidence
- Learn fundamental gymnastics skills
- Improve balance, coordination, and body awareness

All in a positive environment!

**Ages:** 4-12 years

**When:** Wed 3.30pm  
Wed 4.20pm

## Term Prices

### Term bookings:

\$15.50 per class (class prices are based on booking for the whole term)

### Casual classes:

\$17.50 per class  
(subject to availability)



Scan here to book

### Powerfit classes:

\$11.70 per class  
(pay at reception)

### Making payments

Did you know you can now use direct debit payments for our MARC Children's Programs?

So whether you prefer to pay for children's programs up front, via direct debit or as casual bookings, you can choose the option that best suits your family budget.

Ask our friendly staff about payment methods!

